

The Major Dos and Don'ts for Your Best Bridal Spray Tan:

DO splurge on a trial tan to ensure your color is perfect for your wedding day. This should be done 3 weeks to a month prior to your wedding. You may need to work out some details to get your tan just the way that you like it. The person doing your tan will be much more relaxed if you've given them time to get your tan just the way you like it.

DO get your spray tan two days before your wedding, so you will have already washed off the first layer of the tan, it will have settled into your skin, and you can add your own moisturizer. You also have the ability to see how it turned out and make sure that it's perfect. And if, god forbid, it isn't [right], you have some time to get it fixed or touched up.

Do get your tan two days before your wedding so you don't have to worry about it rubbing off on your dress. If you must, you can get your tan the day before you're married. Be careful to get any excess bronzing solution off of your underarms, shoulders and chest...anywhere that could easily rub off or bleed through your dress.

DO opt for a natural looking tan, asking the technician to be much more than a shade or two darker can result in over spray, uneven fading, and an artificial orange tan. You also want to choose a shade according to your features — your hair and eye color. So, if you have dark hair and eyes, then you can get away with a darker tan. If you are blond with blue eyes and freckles, you want a hue that's a bit

Do apply unscented oil free lotion daily after having a spray tan. Dry skin is the enemy of a long-lasting spray tan. Using lotion 2x daily (and after each shower) will prolong the life of your tan, and avoid an awkward spray tan exodus

Do schedule your manicure and pedicure for BEFORE your spray tan. Any exfoliation they do could wreak havoc on your spray tan. You can wear protective cream on your nails to be sure that they don't become discolored from the spray tan solution itself.

Don't get a spray tan without exfoliating your skin properly. Our skin is constantly shedding, and if you spray tan without a thorough exfoliation you won't have even or long lasting results. I recommend exfoliating 5 days prior to your tan.

Do keep the solution on for a minimum of 8 hours before showering (unless you received a rapid rinse solution), getting wet, or working out.

Don't wear anything too tight that will rub off your spray tan. Normally if a bit is rubbed off here and there it isn't a big deal, but right before the wedding it is. White marks where your spray tan has rubbed off will not look good as an accessory to your strapless wedding dress in your professional photos.

Do Shave and do your prep 24 hours BEFORE your tan. Every time you shave you are (sob) exfoliating off a little bit of your precious spray tan. Get as much of your hair removal done before as you possible can.

SPRAY TAN INSTRUCTIONS:

1. The first shower you are to RINSE ONLY with cool water, just your hands.
2. The duration of your tan you DO NOT use anything but your hands to wash your body.
3. Loofahs, pools, shaving, oils, baths, salt water, anything with acid, glycolic etc will strip off your tan faster than normal.
4. DHA is very drying so be sure to moisturize 2x a day once in the morning once at night, stay away from lotions with oils or heavy fragrances.
5. DO not use DOVE soap or any white soap this will strip the color.
6. If you have neck “folds” or “rings” prior to your tan they WILL appear more dark post tan. Relax a little makeup or powder will camoflauge them.